



HotFoot 5K course for 2017

Highest elevation = 403' Lowest elevation = 330'

SK Regional Park has been doing some logging. The activity to maintain the park has raised many questions by many local residences. For local runners, one of those questions is, "will the HotFoot 5K be running in the park this year?" The answer is, Yes!

The park has indicated that the traditional trail route for the HotFoot, shown in Plan "A", will be available by race time, Saturday, June 24 at 09:00. But, just in case, a substitute course has been plotted for 2017.

Once the trails are released back to the public, the Plan "A" route will be evaluated for the safety of runners. If the traditional trails are smooth enough for running, the route will show case the new look of the park. If the trails need more work than there is time to condition, Plan "B" will be implemented and runners will get to experience trails never traveled during the HotFoot event. Plus the course will allow more spectator involvement; a win, win.